

Report on

WORLD MENTAL HEALTH DAY PROGRAM



Organized by

College of Allied Health Sciences
Faculty of Medicine & Health Science
SRM Institute of Science and Technology
Tiruchirappalli Campus

College of Allied Health Sciences
SRM Institute of Science & Technology

&

Department of Psychiatry

Trichy SRM Medical College Hospital & Research Centre

invites you for

Theme: “Make Mental Health and Well Being for all a Global Priority”

Chief Guest:

Dr. Arun Kumar

Consultant Psychiatrist, Athma Hospital, Trichy.

Guest of Honor:

Dr. Sivaraman MD (Psychiatry)

Professor & HOD, Department of Psychiatry,

SRM Medical College Hospital & Research Centre, Trichy.

Date: 10.10.2022

Venue: SRM Hospital Lobby, Ground Floor



Program Schedule

TOPIC	Time	Speaker
Inauguration	9.30 am – 9.45 am	
Welcome address	9.45 am – 10.00 am	Dr. A. Sundararajan
Guest of honor	10.00 am – 10.15 am	Dr. Sivaraman
Address by the Chief Guest	10.15 am – 11.15 am	Dr. Arun Kumar
Students Programs by Clinical Psychology students & MBBS students	11.15 am – 12.00 pm	
Vote of Thanks	12.00 pm – 12.10 pm	Ms. P. Padma Priya

Thank you

About the Program Events:

INAUGURATION:

The World Mental Health Day Program has been conducted on October 10th, 2022 & organized by College of Allied Health Sciences, SRM Institute of Science and Technology and Department of Psychiatry, SRM Medical College Hospital & Research Centre.



WELCOME ADDRESS:

Dr. A. Sundharajan, Vice Principal, SRM IST has welcomed the Chief Guest Dr. Arun Kumar, Dr. Sivaraman and all the faculty members from department of psychiatry and college of allied health science, all the students and delivered the special address on the importance of mental health and psychological well-being.

GUEST OF HONOR:

Dr. Sivaraman, Professor & HOD, Department of Psychiatry has welcomed and honored our chief guest Dr. Arun Kumar, Consultant Psychiatrist and delivered the special note on Mental Health – To break the Stigma.

ADDRESS BY THE CHIEF GUEST:

Dr. Arun kumar, Consultant Psychiatrist, Athma hospital has been delivered the special lecture on the “Access to psychiatric treatment – breaking barriers” and displayed art work which highlighted the psychiatric disorders.



STUDENTS PROGRAMS BY CLINICAL PSYCHOLOGY STUDENTS & MBBS STUDENTS:

Followed by Special lecture, Students programs has been conducted to create awareness about mental health.

1. Reshma Sree (IInd year Clinical Psychology) – Poem about **“Mental health”**



2. Bhuvaneshwari (IInd year Clinical Psychology) – Speech about **“Psychological well-being”**



3. Giribala, Sowmiya (IInd Year Clinical Psychology) – Chart work about **“Child Mental Health”**



4. Shabnam, DhanaPriya (IInd Clinical Psychology), J. Vignesh, B. Vignesh, Shifana, Triloshini, Swetha, Praveena, Priyadharshini (1st year Clinical Psychology) - Displayed Short film about **“Psych Port”**.



5. Third year MBBS students – Skid about “Psychological issues and importance of psychiatry”



VOTE OF THANKS:

Program has been concluded by delivering special thanks to all chief guest, faculty members and students by Ms. P. Padma priya and feedback has been collected from the general public and students by Ms. Thamari Selvi.

